| HAVANA | | |
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| Bill & Carol Goss 858-822-9981 \$1.29 Amazon Music Track 5 Phase VI Cha Cha Footwork: Opposite Unless Noted Sequence: INTRO, A, B, C, A, D, A, D (1-8) MOD TO END 617 Leisure World, Mesa, AZ 85206 billgossjr@gmail.com Havana by Kidz Bop Kids CD: Kidz Bop 37 With Yelena Babyuk from Dance Starz AZ Released: October 25, 2018 Speed: as on CD Sequence: INTRO, A, B, C, A, D, A, D (1-8) MOD TO END | | |
| | <u>INTRO</u> | |
| 1-4 WAIT:: CUO | CARACHA WITH SD EXIT; ALTERNATIVE BASIC; | |
| - 1-2 | Wait } Wait 2 meas fc ptr & wall no hnds joined lead ft free; | |
| 123&4 3-4 | {Cucaracha with Sd Exit} Push sd L, recov R, in pl L/R, sd L; | |
| 567&8 | {Alternative Basic} In pl R, L, sd R /cl L, sd R; | |
| | PART A | |
| 1-4 OPEN HIP T | TWIST; FAN; HOCKEY STICK LOP;; | |
| 123&4 1-2 | {Open Hip Twist} Join lead hnds rk fwd L, recov R, bk L/ pull R | |
| 567&8 | bk twd L, cl L (W rk bk R, recov L, fwd R/ lk LIB of R, fwd R trn | |
| | ¹ / ₄ RF to fc LOD in "L" pos); {Fan} Rk bk R, recov L, XRIF of L/ | |
| | cl L, small sd R (W fwd L, fwd R trn LF, bk L/ XRIF of L, bk L); | |
| 123&4 3-4 | Hockey Stick LOP } Fwd L, recov R, in pl cha L/R, L (W cl R to | |
| 567&8 | L, fwd L, fwd R/lk LIB of R, fwd R look at M) lead W to end IF | |
| | of M with lead hnds moving thru btwn ptrs; Fc DRW bk R small | |
| | step, recov L to fc wall, sd R/ cl L, sd R RLOD (W fwd L DRW, | |
| 5-8 NEW YORK | fwd R trn LF under joined lead hnds to fc ptr, sd L/ cl R, sd L); XER; AIDA; SYNCO SWITCH WITH CHEST PUSH & CHA; | |
| FC FOR CU | | |
| 123&4 5-6 | {New Yorker} Trn to fc RLOD chk fwd L, recov R, fc ptr sd L/ cl | |
| 567&8 | R, sd L; {Aida} Thru R LOD, fwd L trn RF to fc RLOD, bk R/lk | |
| | LIF of R, bk R in slgt "V" bk to bk pos fc RLOD; | |
| & -23 & 4 7-8 | {Synco Switch with Chest Push & Cha} On the & ct quickly trn | |
| 567&8 | LF to fc ptr & wall sd L/W put L hnd on his chest as he pt R twd | |
| | RLOD, recov R to fc RLOD, fwd L/ lk RIB of L, fwd L; {Fc for | |
| | Cucaracha} Fc ptr & wall push sd R, recov L, in pl R/L, R; | |
| | PART B | |
| 1-4 TWO HAND | BASIC; UNDERARM TRN TO HAMMERLOCK; REV | |
| | M TRN BFLY; SPOT TRN; | |
| 123&4 1-2 | {Two Hand Basic} Join both hnds low rk fwd L, recov R, sd L/ | |
| 567&8 | cl R, sd L; {Underarm Trn to Hammerlock} Rk bk R on diag fc | |
| | DRW, trning W RF to hammerlock lead hnd up and R hnd behind | |
| | her bk recov L to fc wall, in hammerlock sd R/ cl L, sd R (Trning | |

| | | RF fwd L cont RF trn under joined lead hnds fold trail hnd behind | | |
|--------------------------------------|---------|---|--|--|
| | | the bk, recov R trn RF 1/4 to fc ptr in hammerlock, sd L/cl R, sd | | |
| | | L); | | |
| 123&4 | 3-4 | Rev Underarm Trn BFLY }; On diag fwd DRW rk fwd L begin | | |
| 567&8 | υ. | LF underarm trn under joined lead hnds, finish trn recov R to fc | | |
| 30700 | | ptr & wall in BFLY, sd L/cl R, sd L (W trn LF fwd R start trn LF | | |
| | | under joined lead hnds, cont trn recov L to fc ptr in BFLY, sd R/ | | |
| | | cl L, sd R); { Spot Trn } Trn LF to fc LOD fwd R trn LF ½, recov | | |
| | | L trn LF ¹ / ₄ , sd R/ cl L, sd R fc ptr & wall; | | |
| 5-8 BA | SIC ALE | EMANA WITH LADY RUNAROUND CHA;; SYNCO | | |
| | | BRKS; LADY SPIRAL OUT TO FC BOTH IN 4; | | |
| 123&4 | 5-6 | Basic Alemana with Lady Runaround Cha} Rk fwd L, recov | | |
| 567&8 | 3-0 | R, bk L/ pull R bk twd L, cl L raise lead hnds palm to palm; Rk | | |
| 307&8 | | | | |
| | | bk R lead W to RF underarm trn, recov L cont RF underarm trn, | | |
| | | drop lead hnds raise R arm and cha in pl R/ cl L, sd R twd RLOD | | |
| | | (W rk bk R, recov L, fwd R/ lk LIB of R, fwd R to lead hnds | | |
| | | palm to palm; fwd L trn RF under lead hnds, fwd R trn RF to fc | | |
| | | ptr & COH, drop all hnds going under M's raised R arm close to | | |
| | | his body run around to the L sd of his bk to fc DW fwd L/lk RIB | | |
| | | of L, fwd L with light contact with R hnd to his R waist); | | |
| 1&23&4 | 7-8 | {Synco Turkish Brks} On diag fc DW rk bk L/ recov R, sd L (W | | |
| 5678 | | rk fwd R/ recov L, sd R end on his R sd), fc DRW diag rk bk R/ | | |
| | | recov L, sd R to fc wall W on L sd (W rk fwd L/ recov R, sd L); | | |
| | | {Lady Spiral Out to Fc Both in 4} Fc DW rk bk L as join L | | |
| | | hnds, recov R, in pl L, fwd R dbl hnd hold fc wall (W fwd R, fwd | | |
| | | L spiral R fc drop hnds, fwd R, fwd L trn RF to fc ptr); | | |
| | | | | |
| PART C | | | | |
| 1-4 <u>DB</u> | L HAND | HOLD SLOW SWVLS; OPEN UP WALK 2 & CHA; FC | | |
| KNEE LIFT & ROLL TO BFLY; DBL CUBAN; | | | | |
| 1_3_ | 1_2 | (Dbl Hand Hold Slow Swyls) Dbl hand hold swyl I F on R ft | | |

1-31-2 {Dbl Hand Hold Slow Swvls} Dbl hand hold swvl LF on R ft
and then step fwd on L twd LOD,, draw R to L as swvl RF on L ft
and then step fwd R twd RLOD,; {Open Up Walk 2 & Cha}
Draw L to R as swvl LF on R ft to open up to LOD walk L, R,
fwd L/ lk RIB of L, fwd L;
1-3&4
3-4 {Fc Knee Lift & Roll to BFLY} Thru R to LOD to fc ptr & wall

1-3&4 3-4 **{Fc Knee Lift & Roll to BFLY}** Thru R to LOD to fc ptr & wall 5&6&7&8 in BFLY, lift L knee up and across close to body, roll LF to fc ptr and wall in BFLY L/R, L; **{Dbl Cuban}** XRIF of L/ recov L, rk sd R/ recov L, XRIF of L/ recov L, sd R;

5-8 SLOW SD WALK; QK SD WALK & CHA; QK NEW YORKERS; CONT NEW YORKER TO LEAD HNDS JOINED;

1-35-6 {Slow Sd Walk} Bring hnds into close dbl hand hold low slow sd
L with CCW hip roll,, cl R cont hip roll,; {Qk Sd Walk & Cha}
Sd L, cl R, sd L/ cl R, sd L (optional arms raise both joined hnds
up & then out and circle bk to close dbl hand hold low);

1&23&4
7-8
{Qk New Yorkers} Fc LOD chk fwd R/ recov L, fc ptr sd R, fc
8 RLOD chk fwd L/ recov R, fc ptr sd L; {Cont New Yorker to
1 Lead Hnds Joined} Fc LOD chk fwd R/ chk bk L no body trn,
1 chk fwd R/ chk bk L, chk fwd R/ recov L trn RF to fc ptr & wall,
2 sd R chg to lead hnds joined;

REPEAT A

PART D

| 1-4 | BASIC NAT | URAL TOP;; CONT ADVANCED HIP TWIST FC COH;; |
|-------|------------------|--|
| 123&4 | 1-2 | {Basic Natural Top} Rk fwd L, recov R, sd L/ cl R, sd L trning |
| 567&8 | | 1/8 fc DRW (W rk bk R, recov L, diag sd & fwd R/ lk LIB of R, |
| | | fwd R to CP); XRIB of L cont RF trn, sd & fwd L cont RF trn fc |
| | | DC, small XRIB of L cont RF trn fc LOD/ cl L, sd R fc wall (W |
| | | trning RF sd L, XRIF of L fc DRW, cont RF trn sd & fwd L fc |
| | | RLOD/ lk RIB of L, fwd L); |
| 123&4 | 3-4 | {Cont Advanced Hip Twist Fc COH} Trn body RF to swvl W |
| 567&8 | | RF on her L ft fwd L, recov R trn body LF to BJO, XLIB of R fc |
| | | DW/ cl R trn RF, small sd L fc wall (W swvl RF on L to to rk bk |
| | | R fc wall, recov L swvl LF to BJO, XRIF of L in BJO/ trn RF cl |
| | | L to R, fc LOD small fwd R); Small sd R leading W fwd, recov L |
| | | trn W to BJO, wheel fwd RF to fc the COH fwd R/lk LIB of R, |
| | | fwd R (W fwd L swvl LF, fwd R to BJO, fwd wheel fwd L/ lk |
| | | RIB of L, fwd L to fc ptr); |
| 5-8 | | ANCED HIP TWIST FC WALL;; ADV HIP TWIST; FAN; |
| 123&4 | 5-6 | {Cont Advanced Hip Twist Fc Wall} Trn body RF to swvl W |
| 567&8 | | RF on her L ft fwd L, recov R trn body LF to BJO, XLIB of R fc |
| | | DRC/ cl R trn RF, small sd L fc COH (W swvl RF on L to to rk |
| | | bk R fc COH, recov L swvl LF to BJO, XRIF of L in BJO/ trn RF |
| | | cl L to R, fc RLOD small fwd R); Small sd R leading W fwd, |
| | | recov L trn W to BJO, wheel fwd RF to fc the wall fwd R/lk LIB |
| | | of R, fwd R (W fwd L swvl LF, fwd R to BJO, fwd wheel L/lk |
| | | RIB of L, fwd L to fc ptr); |
| 123&4 | 7-8 | {Adv Hip Twist} Trn body RF to swvl W RF on her L ft fwd L, |
| 567&8 | | recov R trn body LF to BJO, XLIB of R fc DRC/ cl R trn RF, |
| | | small sd L fc COH (W swvl RF on L to to rk bk R fc COH, recov |
| | | L swvl LF to BJO, XRIF of L in BJO/ trn RF cl L to R, fc RLOD |
| | | small fwd R); {Fan} Bk R, recov L, lead W to fan XRIF of L/cl |
| 0.40 | | L, small sd R (W fwd L, fwd R spiral LF, bk L/ XRIF of L, bk L); |
| 9-12 | | TO BFLY;; HAND TO HAND BFLY; CRABWALK; |
| 123&4 | 9-10 | {Alemana to BFLY} Rk fwd L, recov R, bk L/ pull R bk twd L, |
| 567&8 | | cl L raise lead hnds palm to palm; rk bk R lead W RF under |
| | | joined lead hnds, recov L cont under arm trn, sd R/cl L, sd R to |
| | | BFLY (W cl R to L, fwd L, fwd R/ lk LIB of R, fwd R swvl RF; |
| | | fwd L trning RF under joined lead hnds to fc DRW, fwd R with |
| | | strong RF trn to fc M, sd L/ cl R, sd L to BFLY); |

| 123&4 567&8 | 11-12 | {Hand to Hand BFLY} Trn LF to brk bk L, recov R, fc ptr & wall in BFLY sd L/ cl R, sd L; {Crabwalk} Swvl LF to XRIF of L, swvl RF to step sd L, swvl LF to XRIF of L/ swvl RF to step sd L, swvl LF to XRIF of L; |
|----------------|------------------|---|
| 13-16 | SLOW SD V | VALK; QK SD WALK & CHA; TO RLOD SLOW SD WALK; |
| | QK SD WAI | CK & CHA; |
| 1-3- | 13-14 | (Slow Sd Walk) Bring hnds into close dbl hand hold low slow sd |
| 567&8 | | L with CCW hip roll,, cl R cont hip roll,; {Qk Sd Walk & Cha} |
| | | Sd L, cl R, sd L/ cl R, sd L (optional arms raise both joined hnds |
| | | up & then out and circle bk to close dbl hand hold low); |
| 1-3- | 15-16 | {To RLOD Slow Sd Walk} Bring hnds into close dbl hand hold |
| 567&8 | | slow sd R with CW hip roll,, cl L cont hip roll,; {Qk Sd Walk & |
| | | Cha} Sd R, cl L, sd R/ cl L, sd R (optional arms raise both joined |
| | | hnds out & then up and circle bk to lead hnd joined); |
| | | |

REPEAT A REPEAT D 1-7

PART D MOD MEAS 8+

| 8+ RUNAWA | Y FAN WITH LADY RONDE ENDING AND ARMS;, |
|-----------|---|
| 123&4- 8+ | {Runaway Fan with Lady Ronde Ending and Arms} Bk R, |
| (W123&) | recov L trn lead wrist down to trn W LF so she trns her bk on |
| | you, lead W to fan small XRIF of L/cl L, sd R with split wgt lead |
| | hnds connected; R arm goes out to sd look at W (W fwd L, fwd R |
| | trn LF with bk to M, fwd L/ small fwd R, ronde L leg CW to tch |
| | & look at M as wrap L arm arnd the head; put L arm out to sd as |
| | look twd wall), |